

**ORANGE COUNTY OFFICE FOR THE AGING SENIOR DINING PROGRAM  
SENIOR DINING SITES MENU  
NOVEMBER 2016**

**MONTGOMERY: 457-9367**

**DIAL-A-BUS: 457-2622**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	<b>1</b> Apple Glazed Pork Loin Diced Butternut Squash Garden Vegetable Blend Applesauce	<b>2</b> Chili Con Carne (Beef and Turkey) Brown Rice Peas and Carrots Vanilla Pudding	<b>3</b> Roast Beef Mashed Potato with Parsnips Scandinavian Blend Mixed Fruit Cup	<b>4</b> Impossible Quiche Parslied Carrots Hash Brown Potato Blueberry Yogurt
<b>7</b> Swedish Meatballs Egg Noodles Green Beans Pear Cup	<b>8</b> ALL SITES CLOSED FOR ELECTION DAY. HDM SUB SENT EARLIER	<b>9</b> Beef Stew Winter Blend Veggies Apple Pie	<b>10</b> Turkey Sandwich with Swiss Cheese and Turkey Breast Baby Carrot Fig Newtons	<b>11</b> ALL SITES CLOSED FOR VETERANS DAY. SUB MEAL SENT EARLIER
<b>14</b> Impossible Quiche with Broccoli and Swiss Hash Brown Potato Mixed Vegetables Pound Cake	<b>15</b> Meatloaf (Beef and Turkey) Mashed Potato Steamed Broccoli Lorna Doones	<b>16</b> Roast Pork Shoulder with Gravy Yellow Rice Baked Sweet Potato Applesauce	<b>17</b> THANKSGIVING CELEBRATION! Roast Turkey Breast Mashed Butternut Squash Boiled Red Potato Pumpkin Pie	<b>18</b> Cheese and Turkey Lasagna Green Beans with Tomato Lemon Ice
<b>21</b> Salisbury Steak Mashed Potato Wax Beans with Carrots Pineapple Cup	<b>22</b> Chicken Scarpa Brussel Sprouts Mixed Fruit Cup	<b>23</b> Beef Brisket Diced Winter Starch Peas and Carrots Brownie	<b>24</b> ALL SITES CLOSED FOR THANKSGIVING. SUB MEAL SENT EARLIER	<b>25</b> ALL SITES CLOSED. SUB MEAL SENT EARLIER
<b>28</b> Baked Marinated Chicken Breast Boiled Potato Steamed Edamame Fresh Orange	<b>29</b> Apple Glazed Pork Loin Diced Butternut Squash Garden Vegetable Blend Applesauce	<b>30</b> Chili Con Carne Brown Rice Peas and Carrots Vanilla Pudding		

**Daily: Bread, Margarine & Low Fat Milk**

**\*\*Food Cooked with No Salt\*\***

**Diabetic Substitute Available**