

JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>CENTER CLOSED</p> 	2	<p>3</p> <p>Computer Education 9-10:00am TOPS 12:45-1:30</p>	<p>4</p> <p>Coffee & Card Games 9:30-2:30pm Cards 9:30-2:30pm Mah-jongg 9:30-12:30pm</p> <p>10:00 Pinochle Intro</p>
<p>7</p> <p>BINGO 11:00</p> <p>Chair Yoga 1pm</p> <p>Zumba 6:30-7:30</p>	<p>8</p> <p>9:00 Body Toning 10:00 Silverado Steppers</p> <p>NEW HORIZONS</p>	<p>9</p> <p>9:00 Walk 15</p> <p>Defensive Driving 10am -3pm</p>	<p>10</p> <p>Computer Education 9-10:00am</p> <p>TOPS 12:45-1:30</p>	<p>11</p> <p>Coffee & Card Games 9:30-2:30pm Cards 9:30-2:30pm Mah-jongg 9:30-12:30pm</p> <p>Book Club 11am</p>
<p>14</p> <p>Chair Yoga 1pm</p> <p>Zumba 6:30-7:30</p>	<p>15</p> <p>9:00 Body Toning 10:00 Silverado Steppers</p>	<p>16</p> <p>9:00 Walk 15</p>	<p>17</p> <p>Computer Education 9-10:00am TOPS 12:45-1:30</p> <p>Lunch & Learn with Sue Nichols, Nutritionist 11:30</p>	<p>18</p> <p>Coffee & Card Games 9:30-2:30pm Cards 9:30-2:30pm Mah-jongg 9:30-12:30pm</p>
<p>21</p> <p>CLOSED IN HONOR OF MARTIN LUTHER KING JR.</p>	<p>22</p> <p>9:00 Body Toning 10:00 Silverado Steppers</p> <p>NEW HORIZONS</p>	<p>23</p> <p>9:00 Walk 15</p>	<p>24</p> <p>Computer Education 9-10:00am TOPS 12:45-1:30</p>	<p>25</p> <p>Coffee & Card Games 9:30-2:30pm Cards 9:30-2:30pm Mah-jongg 9:30-12:30pm</p>
<p>28</p> <p>Chair Yoga 1pm</p> <p>Zumba 6:30-7:30</p>	<p>29</p> <p>9:00 Body Toning 10:00 Silverado Steppers</p>	<p>30</p> <p>9:00 Walk 15</p>	<p>31</p> <p>Computer Education 9-10:00am TOPS 12:45-1:30</p>	