

Montgomery Senior Center
 845-457-9367
 Please call 24 hrs. in
 advance to make your
 reservation*Menu Subject to
 change*
 Lunch Begins @ 11:30am

ORANGE COUNTY OFFICE FOR
 THE AGING SENIOR DINING
 PROGRAM MENU
November 2019
 Site Manager: Becky Szabo

*Food Cooked with
 No Salt* Served Daily
 Bread, Margarine
 & Low Fat Milk Diet Substi-
 tutes Available Menu subject
 to change

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Beef Burgundy Ragout Green Beans with Onions Nutrigrain Bar
4 Swedish Meatballs Brown Gray Egg Noodles Green Beans Pear Cup	5 CLOSED FOR ELECTIONS	6 Beef Stew Spinach Chocolate Pudding	7 Turkey Sandwich with Munster Cheese Ranch Potato Salad Cranberry Carrot Salad Pumpnickel Bread Assorted Yogurt	8 Baked Ham with Cranberry Glaze Cauliflower & Carrots Baked Sweet Potato Fig Newton
11 Program Closed in Honor of Veterans Day 	12 Closed New Horizons No Meals	13 Center Closed No Meals	14 Meatloaf with Onion Gravy Mashed Potato Brussel Sprouts with Bacon Diced Pears	15 Cheese and Turkey Lasagna Italian Blend Vegetables Garlic Bread Lorna Doone
18 Moroccan Chicken Peas and Carrots Roasted Potato Whole Wheat Bread Pineapple Cup	19 Salisbury Steak Mashed Potatoes Wax Beans with Carrots Pineapple Chunks	20 Roast Pork Shoulder with Gravy Oriental Blend Veggie Baked Sweet Potato Applesauce	21 Roast Turkey Breast with Gravy Cranberry Sauce Mixed Veggies Stuffing Apple Crisp	22 Teriyaki Fish Filet Steamed Carrots O'Brien Potato Italian Bread Oreo Cookies
25 Baked Chicken with Mushrooms Whole Wheat Pasta Squash with Pimentos Fresh Orange	26 Apple Glazed Pork Loin Diced Butternut Squash Garden Vegetable Apple Sauce	27 Turkey Chili Brown Rice California Blend Vegetable Mixed Fruit	28 PROGRAM CLOSED 	29 PROGRAM CLOSED 

Dial-A-Bus

845-457-2622

Village of Montgomery

Call
Before 12noon

