

Montgomery Senior Center
 845-457-9367
 Please call 24 hrs. in
 advance to make your
 reservation*Menu Subject to
 change*
 Lunch Begins @ 11:30am

ORANGE COUNTY OFFICE FOR
 THE AGING SENIOR DINING
 PROGRAM MENU
January 2022

*Food Cooked with
 No Salt* Served Daily
 Bread, Margarine
 & Low Fat Milk Diet Substi-
 tutes Available Menu subject
 to change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Potato Ham Stew Mediterranean Veggies Assorted Yogurt	4	5 Vegetable Lasagna Italian Beans and Carrots Diced Peaches	6	7 Lemon Dill Fish Roasted Potatoes Capri Vegetables Fig Newton Cookies
10 Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Oatmeal Raisin Cookies	11	12 Roast Beef with Gravy Mashed Potatoes Mixed Vegetables Strawberry Shortcake	13	14 Cheese Quiche Tater Tots Mixed Vegetables Chocolate Pudding
17 Program Closed Martin Luther Kind Day	18	19 Turkey Biscuit Casserole Mediterranean Vegetables Chocolate Cake	20	21 Teriyaki Fish Hash Browns Carrots and Peas Pound Cake
24 Burger with Onions and Mushrooms Cheddar Cheese Potato Mixed Vegetables Apple Slices	25	26 BBQ Chicken Legs Sweet Potato Coleslaw Vanilla Pudding with Topping	27	28 Omelet with Peppers and Onions Tater Tots Spinach Blueberry Muffin
31 Chicken Cacciatore Brown Rice Italian Vegetables Diced Peaches				



845-457-2622

Village of Montgomery

Call
 Before 12noon

